

## UNIT 1.

## THE PARTS OF THE HUMAN BODY

The main parts of the human body are the head, the trunk, the upper limbs and the lower limbs. The front part of the head from the forehead to the chin is the face. Its upper part contains the forehead, the temples, the eyes, and the eyelids, which together with the eyelashes and the eyebrows protect the eyes. The lower part of the face contains the nose, the cheeks, the mouth and the chin. The jaws hold the teeth and form the framework of the mouth. The head is connected to the trunk by the neck.

The trunk is the biggest part of the human body. It contains two body cavities separated by the diaphragm. The chest, also known as the thorax, is located above the diaphragm and the abdomen is situated below the diaphragm.

The upper limbs are connected to the trunk by the shoulder girdle. They are composed of three segments: the arm, the forearm and the hand. The hand has four fingers and one thumb. The joints of the upper extremity are the shoulder, the elbow and the wrist.

The lower limbs are connected to the trunk by the pelvic girdle. The three segments of the lower limb are the thigh, the leg and the foot. The joints of the lower extremity are the hip, the knee and the ankle. The depressions that separate the trunk from the lower limbs are called the groins.

Sometimes specific anatomical terms are used to refer to different parts of the human body. For example, the axilla is the medical term given to the armpit and the umbilicus is the medical name for the navel.

## EXERCISES

## I. Answer the questions.

1. What are the main parts of the human body?
2. What is the face composed of?
3. What does the trunk contain?
4. What is the function of the girdle?
5. What are the groins?

## WORDLIST

abdomen /'æbdəmən/ – brzuch

arm /ɑ:m/ – ramię

armpit /'ɑ:mpɪt/ – pacha

axilla /æk'sɪlə/ – pacha

buttock /'bʌtək/ – pośladek

calf /kɑ:f/ (pl. calves /kɑ:vz/) – łydka

cavity /'kævəti/ – jama

cheek /tʃi:k/ – policzek

chest /tʃest/ – klatka piersiowa

chin /tʃɪn/ – broda, podbródek

compose /kəm'pəʊz/ – komponować, tworzyć

connect /kə'nekt/ – połączyć, łączyć

contain /kən'teɪn/ – zawierać

depression /dɪ'preʃn/ – zagłębienie, wgłębienie

diaphragm /'daɪəfræm/ – przepona

extremity /ɪk'streməti/ – kończyna

eyebrow /'aɪbrəʊ/ – brew

eyelash /'aɪləʃ/ – rzęsa

eyelid /'aɪlɪd/ – powieka

finger /'fɪŋgə/ – palec u ręki

forearm /'fɔ:ra:m/ – przedramię

forehead /'fɔ:rhɛd/ – czoło

framework /'freɪmwɜ:k/ – struktura, rusztowanie, obramowanie

girdle /'gɜ:dəl/ – obręcz

groin /'grɔɪn/ – pachwina

hand /hænd/ – ręka

hip /hɪp/ – biodro

index finger /'ɪndeks 'fɪŋgə/ – palec wskazujący

inferior /ɪn'fɪəriə/ – dolny, niższy

jaw /dʒɔ:/ – szczęka

joint /dʒɔɪnt/ – staw

knee /ni:/ – kolano

## II. Complete the sentences with the appropriate terms referring to the human body parts.

- The human body is composed of the .....
- The inferior body cavity in the trunk is called the .....
- The part of the upper extremity from the elbow to the wrist is called the .....
- The part of the lower limb between the hip and the knee is called the .....
- The thorax and the abdomen are separated by the .....
- The region of the upper limb between the shoulder and the elbow is called the .....
- The region of the lower extremity between the knee and the ankle is called the .....
- Long, narrow depressions between the thigh and the trunk are referred to as the .....
- The joint which connects the arm to the forearm is referred to as the .....
- The joint which connects the leg to the foot is called the .....

## III. Complete the chart with the appropriate terms.

Medical term	Common term
	arm
	leg
	chest
	navel, belly button
	armpit
	belly, tummy, stomach

## IV. Translate into English.

- Tułów zawiera dwie jamy ciała oddzielone przeponą.
- Kończyna dolna składa się z uda, podudzia i stopy.
- Szczęki tworzą obramowanie dla ust.
- Kończyna górna łączy się z tułowiem za pomocą obręczy barkowej.
- Górna część twarzy składa się z czoła, skroni, oczu, powiek, rzęs i brwi.

leg /leg/ – podudzie, noga  
 limb /lim/ – kończyna  
 lip /lip/ – warga  
 lower limb /'ləʊə ,lim/ – kończyna dolna  
 main /meɪn/ – główny  
 navel /'neɪvəl/ – pępek  
 palm /pɑ:m/ – dłoń  
 pelvic girdle /'pelvɪk 'gɜ:dəl/ – obręcz miednicza  
 refer to /rɪ'fɜ: tu/ – odnosić się do  
 shin /ʃɪn/ – goleń  
 shoulder /'ʃəʊldə/ – bark, ramię  
 shoulder girdle /'ʃəʊldə 'gɜ:dəl/ – obręcz barkowa  
 temple /'tempəl/ – skroń  
 thigh /θaɪ/ – udo  
 thorax /'θɔ:ræks/ – klatka piersiowa  
 thumb /θʌm/ – kciuk  
 toe /təʊ/ – palec u nogi  
 trunk /trʌŋk/ – tułów  
 umbilicus /ʌm'bɪlɪkəs/ – pępek  
 upper limb /'ʌpə ,lim/ – kończyna górna  
 waist /weɪst/ – talia  
 wrist /rɪst/ – nadgarstek

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V. Put the terms from the list below into the correct column of the chart.

*abdomen, cheek, navel, knee, chest, shin, calf, index finger, eyebrow, shoulder, ear, thigh, eye, elbow, eyelid, waist, face, ring finger, foot, forehead, eyelash, jaw, forearm, lip, thumb, heel, mouth, neck, nose, hand, leg, palm, wrist, ankle, armpit, breast, arm, buttock, middle finger, temple, hip, back, little finger, toe*

The head	The upper limb	The lower limb	The trunk

VI. Label the picture with the correct terms.

