

# *Fundamentals of preventive medicine with elements of telemedicine*

## *Topics of classes*

### *1<sup>st</sup> semester*

1. Introduction to the problem of disease prevention. Designing disease prevention activities. dr P. Sowa
2. Diagnosing disease prevention needs in the population. dr J. Jamiołkowski
3. The importance of physical activity in disease prevention. dr P. Sowa
4. Disease prevention by influencing smoking, alcohol and psychoactive substances consumption, risky sexual behavior and environmental hazards. dr J. Jamiołkowski
5. Cancer prevention. dr hab. M. Chlabicz
6. Prevention of cardiovascular diseases. dr hab. M. Chlabicz

### *2<sup>nd</sup> semester*

7. The role of diet in disease prevention. dr N. Zieleniewska
8. Introduction to telemedicine. dr P. Sowa
9. Telemedicine in medical imaging. dr N. Zieleniewska
10. Sources of data. Prof. A. Teumer
11. Credibility of information sources. dr hab. M. Chlabicz
12. Genetics in Preventive Medicine. Prof. A. Teumer
13. Presentation of students' works

**All classes take place in the Innovation Research Centre.**

**The building is located on the University Teaching Hospital grounds.**

**Address: Jerzego Waszyngtona 13, 15-269 Białystok. Map below.**

