

1ST MUB INTERNATIONAL STAFF WEEK

03-07.2024
JUNE JUNE

We cordially invite you to participate in the 1st MUB International Staff Week organised by the Medical University of Białystok.

The target group are especially: employees of partner and non-partner European universities, employees of Erasmus+ and International Cooperation Offices, employees of European medical universities and other employees whose work is related to internationalisation.

This event will enable creating new networking opportunities, exchanging good practices and learning from one another's experience.

Participants are required to know **English at least B2 level**.

All of the **costs** related to the participation in 1st MUB International Staff Week must be covered by the sending institution as a Staff Mobility for Training within the KA-131 Erasmus+ Programme. We do not implement the BIPs.

The registration form can be found here and **here:** <https://forms.office.com/e/iRh0Kr6VKy>



Deadline for applying is **6th May 2024**.

The fee covers: coffee breaks, lunches and official goodbye dinner, guided city tour, trip to Supraśl with lunch, visit at the Museum.

The maximum of **3 employees** from one sending university may be accepted.

Every applying person will be notified on the result of the registration on **19th April 2024** at the latest.



**Co-funded by
the European Union**

1ST MUB INTERNATIONAL STAFF WEEK AGENDA

03
MONDAY
06

- 9:30 – Registration of participants (*Aula Magna, Branicki Palace*)
- 10:00 – Official start of the Staff Week
welcome speech by Vice-Rector for Education – Professor Adrian Chabowski MD, PhD
- 10:30 – Presentation of the MUB
- 11:00 – Coffee break
- 11:30 – Presentation of participants' universities
- 14:00 – International fair and food tasting
- 17:30 – Guided Białystok city tour (optional – registration required)

- 9:30 – *The internationalisation strategy of the MUB (Aula Magna, Branicki Palace)*
lecture given by Tomasz Maliszewski, PhD, the Head of the International Cooperation Department
- 10:30 – *The role of medical universities in the development of consortiums of universities with particular emphasis on European Universities*
lecture given by Professor Marcin Moniuszko MD, PhD, the Vice-Rector for Science and Development
- 11:30 – Coffee break
- 12:00 – Workshop: *Erasmus+ Programme – challenges and opportunities of Erasmus Without Paper* – exchange of experiences (*Senate Hall, Branicki Palace*)
- 13:00 – Lunch
- 14:00 – Tour around the units of Medical University of Białystok

04
TUESDAY
06

05
WEDNESDAY
06

- 9:30 – Polish language crash course + polish culture
- 10:30 – trip to Supraśl (lunch included) (optional – registration required)

- 9:30 – *Advancing medical education through technology and internationally-oriented approach (Aula Magna, Branicki Palace)*
lecture given by Professor Tomasz Hryszko MD, PhD, Vice-Dean for Development and Medical Education in English
- 11:00 – Coffee break
- 12:00 – Visit at the Museum of the History of Medicine and Pharmacy (optional – registration required)
- 13:30 – Individual meetings with different departments
- 18:00 – Official goodbye dinner (optional – registration required)

06
THURSDAY
06

07
FRIDAY
06

- 9:30 – Networking & open discussion panel for guests (*Aula Magna, Branicki Palace*)
- 11:00 – Farewell speech & handing over certificates

THE VENUE



THE BRANICKI PALACE

1 JANA KILINSKIEGO ST.
BIALYSTOK, POLAND



THE TRIP



SUPRAŚL

Beautiful health resort with over 500 years of history. Here you can find a famous post-Basilian monastery buildings with a fortified Orthodox church, built in Gothic and Byzantine styles at the beginning of the 16th century. Within the premises of the Orthodox monastery buildings, there is a Museum of Icons with one of the most extensive collections of the 18th, 19th and 20th centuries icons in Poland. Here you can also admire the unique 16th century murals, which survived from the destroyed and later rebuilt Orthodox Church of the Annunciation, located in the churchyard.



USEFUL INFORMATION

GOOGLE MAPS ADDRESS



HOW TO ARRIVE

BY PLANE

the closest airports are the Warsaw Chopin Airport and Warsaw Modlin Airport. In order to arrive to Bialystok you should take a bus or a train from there. You can search the available connections here: <https://en.e-podroznik.pl/>

BY TRAIN / BUS

You can search the available connections here: <https://en.e-podroznik.pl/>

BIALYSTOK

When walking down the streets of modern Bialystok its various features can be noticed, especially:

aristocratic – Branicki Palace (1 Kilinskiego St.), the Guest Palace (6 Kilinskiego St.), the Cathedral (2 Koscielna St.), the City Hall (10 Rynek Kosciuszki St.),

industrial – the Trylling Family Palace (7 Warszawska St.), the tobacco factory (39 Warszawska St.), the Old Power Plant (current Modern Art Gallery, 12 Elektryczna St.), Becker Palace and Factory (current Alfa Shopping Centre, 15 Swietojanska St.), Hasbach Palace and the Krusenstern Family Palace (Dojlidy Fabryczne St.),

multi-religious – St. Roch's Church (1 ks. A. Abramowicza St.), Orthodox Church of St. Nicholas (15 Lipowa St.), Citron Synagogue (current Slendzinski Art Gallery, 24a Warynskiego St.), St. Adalbert's Church (former protestant church, 46a Warszawska St.), Muslim house of prayer (13f Piastowska St.)

wooden architecture – remains of the 19th and 20th century wooden architecture are concealed in the city center – the whole district of Bojary and former Jewish house estate called Chanajki located around today's Sienny Market Square.

WORTH TASTING

MAIN DISHES

- pierogi
- kartacze
- babka ziemniaczana
- kiszka ziemniaczana

DESSERTS

- makowiec
- mrowisko
- marcinek
- sękacz

DRINKS

- ser koryciński
- chłodnik litewski
- żurek
- buza
- kwas chlebowy
- podpiwek

WORTH SEEING

- Podlasie Opera and Philharmonic
- Bialystok Puppet Theater
- Municipal Stadium in Białystok
- Sybir Memorial Museum
- History Museum
- Podlachia Museum
- Arsenal Gallery in Bialystok
- Epi-Centre of Science
- Widzi-misie trail
- Bialystok mural trail
- Akcent ZOO
- Dojlidy beach
- Theater Stage Monument
- Monument to the Heroes of the Białystok Land
- Monument of Young Ludwik Zamenhof

WORTH SEEING IN THE REGION

- **Tykocin** - Synagogue, Church of the Holy Trinity and the Tykocin Castle
- **Kruszyniany and Bohoniki** - the centers of Tatars' history and their religious life, with the unique wooden mosques and modern mizars
- **Białowieża Forest National Park**
- **Biebrza National Park**
- **Narew National Park**