

**Regulations for bike ride "III Medykalia Journey for Health"  
on May 10, 2019.**

1. The organizer of the bike race "III Medykalia Journey for Health" is the Medical University of Bialystok.
2. Bicycle ride is one of the events of the Medykalia Student Culture Festival 2019.
3. The purpose of the race is to promote the academic community of the Medical University of Bialystok and actively spend time cycling, as part of a healthy lifestyle.
4. Route: Branicki Palace, Legionowa, Skłodowskiej-Curie, Waszyngtona, Żelazna, Wołodyjowski, November 11, Świętojańska, Mickiewicza, Kuroń, Żurawia, Wiewiórcza, Mickiewicza, Branicki Palace. The journey map is an attachment to the regulations.
5. Members of the Academic Community of the Medical University of Bialystok can take part in the race, among others: academic teachers, students, PhD students, administration employees.
6. Each participant takes part in the ride on his own responsibility regardless of weather conditions.
7. Each participant taking part in the ride should have a technically efficient bicycle equipped in accordance with applicable regulations.
8. Having a helmet is optional, but recommended especially for minors.
9. It is advisable that the participants have distinctive elements of the bicycle clothing or equipment, referring to the profession, the field of study, and affiliation to the MUB Academic Community.
10. Every participant taking part in the race is obliged to observe the rules of the Road Traffic Law, executing the instructions of the organizers and police services securing the race.
11. During the race, participants should move in one compact group, and do not occupy more than one lane of the public road.
12. The ride has a recreational nature. The speed of the group will be adjusted to the age of people taking part in the bike ride. Sport competition is not expected on the route.
13. In case of violation of the rules of these regulations, dangerous behavior on the road, as well as suspicion of participating in the race after consumption of alcohol or intoxicants, the organizer reserves the right to remove the participant from participation in the race.
14. The organizer is not responsible for things lost during the event and for damage caused by participants.
15. The organizer does not provide a place to store participants' belongings.
16. The organizer may cancel a bicycle ride, in case of, for example, bad weather conditions prevailing on the day of the planned journey.
17. Participants taking part in the race agree to the publication of their images in the photos and videos of the race, posted in the social media and in the promotional materials of the organizer.
13. Participating in the journey is tantamount to reading and accepting these Regulations.
14. More information about the journey can be obtained from the MUB Promotion and Recruitment Office, tel. 85 748 5512

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(signature of the organizer)