

Symptoms Experienced By Individuals Who Have Hemodialysis and Its Effect on Personal Well-Being

Eraydin C.^{1 A,B,E}, Kardaş Kin Ö.^{2* A,D,E,F}, Çelik A.^{3 C,D,E,F}, İslam M.^{4 B,F}, Türkoğlu B.^{5 B,F}

1. Nursing Department, Faculty of Health Science, Bülent Ecevit University, Zonguldak, Turkey
2. Gaziantep Islamic Science and Technology University, Gaziantep, Turkey
3. Nursing Department, Faculty of Health Science, Bakırçay University, Izmir, Turkey
4. Division of Nephrology, Zonguldak Atatürk State Hospital, Zonguldak, Turkey
5. Patient's Pre-dialysis Education Program Manager, Zonguldak State Hospital, Zonguldak, Turkey

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ABSTRACT

Purpose: The aim of this study is to examine the symptoms experienced by individuals undergoing hemodialysis treatment and the effect of this situation on personal well-being.

Materials and Methods: The data of this descriptive study were collected between June and December 2021. The sample of the study consisted of 462 individuals who accepted to participate in the study and received hemodialysis treatment. Data; It was collected using the “Personal Information Form”, “Dialysis Symptom Index” and “Personal Well-Being Index”.

Results: In this study, the most common and most severe symptoms experienced by individuals receiving HD are; while feeling tired and decreased energy (55.8%) and muscle cramps (54.1%) were determined as the least experienced symptom

(24.9%). In the study, it was determined that the participants got an average of 19.41 ± 16.87 points from the Dialysis Symptom Index (DSI) and 63.68 ± 19.49 points from the Personal Well-Being Index. According to the results of the regression analysis, it is seen that the dialysis symptoms of the patients have a moderately significant negative effect on their personal well-being.

Conclusions: Individuals receiving HD were determined to have low personal well-being levels. It is seen that the symptoms experienced by the patients due to HD are moderate. It has been determined that the dialysis symptoms experienced by individuals have a significant effect on their personal well-being levels.

Key words: Hemodialysis, personal well-being, nursing

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