

Depression - the scale of the problem in women

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ABSTRACT

It is estimated that the prevalence of depression throughout life ranges from 14.4% to 18% of the population and affects women twice as often as men. In 2019, symptoms that may indicate depression affected 19.2% of women, which was characteristic for all age groups. The group of women in 2019 less often (13.2%) experienced symptoms that may indicate depression than five years ago (18.7%),

in 2014. The paper reviews the available literature on depression in women. The results are discussed in a sub-chapter: Introduction, Epidemiology of depression in Poland, Epidemiology of depression in women, Selected clinical aspects of depression in women, Depression in the menopause, Postpartum depression, Summary.

Keywords: depression, women

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