Conference Release from the Polish National Conference under the Honorary Patronage of the Minister of Health on "Occupational Safety for Nurses and Midwives", September 10-11, 2018, Warsaw, Poland

Mazurkiewicz D.W.\*1 A-F, Olejnik B.<sup>2B,C,E,F</sup>, Koniecko K.<sup>3 C,E,F</sup>, Piechocka D.I.<sup>4 B,E,F</sup>, Sawka H.J.<sup>5B,E,F</sup>, Strzelecka J.<sup>6 E,F</sup>

- 1. St. Mark's Place Institute for Mental Health, New York, New York. USA
- 2. Department of Developmental Age Medicine and Paediatric Nursing, Medical University of Bialystok, Białystok, Poland
- 3. Department of Obstetrics and Gynecology, General Hospital Dr. Witold Ginela's in Grajewo, Grajewo, Poland
- 4. Department of Obstetrics, Gynecology and Maternity Care, Medical University of Bialystok, Białystok, Poland
- 5. Department of Obstetrics and Gynecology, Independent Public Health Care Center in Giżycko, Giżycko, Poland
- 6. Department of Pediatric Neurology, Medical University of Warsaw, Warsaw, Poland

A- Conception and study design; **B** - Collection of data; **C** - Data analysis; **D** - Writing the paper;

E- Review article; **F** - Approval of the final version of the article; **G** - Other (please specify)

## **ABSTRACT**

The National Council of Nurses and Midwives organized the Polish National Conference under the Honorary Patronage of the Minister of Health on "Occupational Safety for Nurses and Midwives," held in Warsaw on September  $10-11,\ 2018.$  The main issues that were addressed concerned the following: Mental and health disorders in shift work; Aggression towards nurses and midwives; The effect of shift

work on nurses' health and functioning; Occupational biological hazards and risk of exposure to biological materials for nurses and midwives; Occupational causes and injuries for nurses and midwives; Occupational ergonomics for nurses and midwives.

**Keywords:** Aggression, occupational safety, bullying, chronic fatigue, mental and health disorders

DOI: 10.5604/01.3001.0012.8358