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**PROGRESS IN HEALTH SCIENCES**

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**RESEARCH ARTICLES**

Should present original research and address a clearly stated specific hypothesis or question. Papers should provide novel approaches and new insights into the problem addressed.

**The total number of pages (including Tables, Figures, Photographs and References) should not exceed 24.**

**Research articles** should be divided into the **following sections**:

* Title page
* Abstract (with Keywords)
* Introduction
* Materials and Methods
* Results
* Discussion
* Conclusions
* Acknowledgements
* Conflicts of Interest
* Financial Disclosure/Funding
* Authors’ Contributions
* References

**TITLE PAGE**

The title page should contain the following information:

* Title,
* Shortened running title,
* Full names of authors and their affiliations,
* Progress in Health Sciences recommends that authorship on the following criteria: A - Conception and study design, B - Data collection, C –Data analysis, D - Writing the paper, E – Review article, F - Approval of the final version of the article. Please indicate the specific contributions made by each author (as superscripts at surnames, e.g., Kowalski A,C,F )
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**ABSTRACT**  
 Abstract, of no more than 250 words should be provided on a separate page, organized in structural form, and should consist of four paragraphs:

* Purpose
* Materials/Methods,
* Results,
* Conclusions.

The abstract should include Keywords. Keywords (3-6) or short phrases should be added to the bottom of the abstract page. Use terms from the Medical Subject Headings list from Index Medicus (www.nlm.nih.gov/mesh/MBrowser.html)

**ACKNOWLEDGMENTS**  
Acknowledgments of the contributions of colleagues can be stated in this section.

**CONFLICTS OF INTEREST**

Authors must disclose any commercial, financial, or other associations that could pose a conflict of interest in connection with their submitted article and these must be disclosed in this section.

**FINANCIAL DISCLOSURE/FUNDING**

Authors should list all funding sources related to the study and to the article preparation in this section.

**AUTHORS’ CONTRIBUTIONS**

Authors must indicate their specific contributions to the published work. Please provide the contribution each author made to the manuscript – eg., literature search, figures, study design, data collection, statistical analysis, data interpretation, and writing the paper

**TABLES**  
 Tables should be typed on a separate sheet of paper and a title for each one should be provided. Tables should be numbered in Arabic numerals in the order in which they are cited in the text. Vertical rules should be used. The position of each table should be indicated in the manuscript. Tables must be sent in Microsoft Word format and have no links to the main document or other archives.

**FIGURES**  
 Figures should be numbered in Arabic numerals in the order of appearance in the text, where they are referred to as Fig. 1, Fig. 2, etc. Figures that include more than one image should be labeled as a, b, c, etc. (small letters). Figure legends with descriptive titles should be provided on separate pages. If needed, a short description is also accepted. Footnotes can be included below the figure.

* **Photographs** must be in **JPG or TIFF** format, preferred **resolution 300 dpi**.
* **Drawings** must be in **JPG, GIF or EPS** format
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**The total number of (Tables, Figures and Photographs) must not exceed 6.**

Authors are required to confirm the source of the figures and photographs by filling out authorship form and send it to the editor. The template is available for download from the journal website (Statement).

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Should be numbered in the order they appear within the manuscript and listed in the ‘References’ section see References details.

**The total number of references should not exceed 30.**

References should be numbered **in the order they appear** within the manuscript and listed in the ‘References’ section **In the text,** they should be referred to by **numbers in square brackets. In the ‘References’ section,** items should be l**isted numerically in the order they are cited in the text**, not alphabetically.

**All authors** of the cited items should be included, regardless of the number. Journals titles should be abbreviated as shown in Index Medicus.

**In the References section** of the article please **use the following citation style (exactly as it is given):** **National Library of Medicine (NLM) Bibliographic Style** Citing medicine: the NLM style guide for authors, editors, and publishers, 2nd Edition 2007 http://www.nlm.nih.gov/ citingme dicine

**Journal Articles**

Palti DG, Almeida CM, Rodrigues Ade C, Andreo JC, Lima JE. Anesthetic technique for inferior alveolar nerve block: a new approach. J Appl Oral Sci. 2011 Feb;19(1):11-5

**Entire Books**

Coffin JM. Retroviruses. New York: Cold Spring Harbor Laboratory Press; 1997. 205p.

**Chapter in a Book**

Varmus HE. Physical medicine. 3nd ed. Amsterdam (Netherlands): Elsevier Academic Press; 2006. Chapter 15, Magnetotherapy in children; p. 147-53.

**Conference Proceedings**

Standard proceedings with a book title in addition to the conference title

Teriar GR, editor. Disability at the present day. American Academy for Cerebral Palsy and Developmental Medicine 64th Annual Meeting. October 12-15, 2009. Washington, DC, USA: Wiley-Blackwell; 2010. 265 p.

Standard proceedings without a book title in addition to the conference title Mooney C, Doobitz B, editors. 3rd Annual International Nursing Conference; 2006 March 21-24; London, England. Piscataway (NJ): IEEE; 2007. 345 p.

**Citations to Conference Papers**

Paper from the proceedings with a book title

Goofrt S. Down syndrome. In: Hoper S, Rimkey FR, Poor G, Brain development and pathology. 2nd International Conference of Brain Research; 2007 Oct 20-23; Royal Medicince School, London, England. Amsterdam (Netherlands): Elsevier; 2008. p.155-78.

Paper from the proceedings without a book title Meng AL, Sullivan J. an innovative conflict resolution teaching methodology.. In: Leigh H, Car S, editors. Proceedings of the 5th World Congress on Nursing; 2008 Oct 10-14; Paris, France: IASP Press; 2009. p. 245-31.

**Citing Material on the Internet Journal Articles on the Internet**

Whitmer K, Auer C . Phytosterols and phytosterolemia. Genes Nutr. [Internet]. 2007 Jul 10;123(8):126-9. Available from: http://www. genesnutr.com/cgi/reprint/ 333/7581/1251?maxtoshow=&HITS=13

**Website**

Integrative Medicine [Internet]. New York: University of New York, P. T. Goolbergh Medicine Center; 2006 [cited 2007 Oct 11]. Available from: http://www. ganersond. org/edu/GIGR/.

**Website with author(s)**

Doshi WU. Heart failure highlights in 2008. [Internet]. Rome: University of Rome, Department of Cardiology; 2007 Jan 1 [updated 2007 Jul 16; cited 2007 Nov 13]. Available from: http://rome.edu/~jifty/.

**AUTHOR CORRECTIONS**

Proof corrections should be made and returned to the Editor within 3 days of receipt. Otherwise the article will be withdrawn from a particular issue. Changes made by the author in the proofs, excluding typesetting errors are under the responsibility of the author.