Communication skills during the clinical examination of the patients

Kourkouta L.1*, Barsamidis K.2, Lavdaniti M.1

¹ Department of Nursing, Alexander Technological Education of Thessaloniki, Greece ² Department of Physiotherapy, Alexander Technological Education of Thessaloniki,

ABSTRACT

Introduction: The clinical examiner's communication with the patient is essential for successful relationship. It covers all forms of the doctor-patient relationship, and its quality affects the outcome of the disease.

Purpose: The discussion and critical evaluation of the communication's importance in therapeutic practice through a critical review of the existing literature.

Material and Methods: A literature search was performed in Medline, Pubmed, Cinahl, Google Scholar databases and the Greek database Iatrotek, conducted during the period 1988 - 2012, with keywords relevant to the subject of this review.

Results: The communication between medical and nursing staff and patient must follow certain rules. As the time spent by the physician in the examination and updating of the patient increases, so does the satisfaction of the second, it is appropriate to develop policies aimed at detailed information on the progress of the disease and its treatment. Furthermore, it is worth mentioning the physician's comfort when he is dealing with giving news, especially bad news and the maintenance of patient's hope during making decisions for his health and his life. The mistakes during the communication between the examiners and the patients are usually out of ignorance or negligence not only by early-stage poorly investigators. but also trained examiners older, and neglect systematically during the physical examination of patients.

Conclusion: There is a growing need for informed patient and involved in the therapeutic process, so there is a great need for the therapist have communication skills.

Key words: communication, patient, therapist, clinical examination.