Psychosocial issues in elderly

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ABSTRACT

Third age is the period in which the person is withdrawn from the daily activities, such as workplace, resulting in the different psycho-social problems, such as dementia, agitation, anxiety, loneliness and social exclusion. These problems lead to people's psychological depression with its subsequent effects on their health. Exploring the

psycho-social problems is of great importance, as this age is characterized by feelings of loneliness, fear, depression and isolation from themselves, unpleasant thoughts but it is also dominated by negative feelings.

Key words: elderly, dementia, anxiety, loneliness, social exclusion