

## **Neuromobilization and kinesiotaping as modern methods used in physiotherapy**

Gałczyk M. <sup>1\*</sup>, Van Damme – Ostapowicz K. <sup>2</sup>

1. Cardinal Stefan Wyszyński Provincial Hospital in Łomża – The Rehabilitation Department, Łomża, Poland
2. Department of Integrated Medical Care, Medical University of Białystok, Białystok, Poland

### **ABSTRACT**

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Kinesiotaping and neuromobilization techniques are classified as physiotherapy methods in other words, these are the methods used to treat a patient with the use of movement. Both kinesiotaping and neuromobilization can be used as a separate form of

therapy or may be complementary to other methods of physical therapy. It is true to say that positive effects are likely to appear after the very first therapy sessions. **Key words:** Kinesiotaping, neuromobilization, rehabilitation, physiotherapy

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