Primary healthcare services and patients with neoplastic disease

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ABSTRACT

Introduction: The primary health care services holding the central role in the prevention of various diseases. Cancer is the second leading cause of death worldwide. Primary healthcare services, holding a coordinating role in staging, treatment and prognosis of cancer.

Purpose: To present the role of primary health care services in primary and secondary prevention of cancer.

Materials and methods: A search was made in the PubMed and Scopus databases for reports on primary health care services in cancer patients.

Results: Monitoring and early detection are some roles of care. The preventive medicine focuses on health promotion and disease prevention, helping people to enhance their own health. Specifically, majority of researches revealed that mammography ranged 44% to 69%. Also, the screening of cervical

cancer by early examination of Pap smear, the percentage ranged 24% to 36%. The screening of prostate specific antigen (PSA) test ranged about 55%. The health professionals focused on individual, group and community interventions aimed at health promotion and prevention through programs and counseling.

Conclusions: The interest of the fact that the primary care services have multidimensional roles for eliminating the occurrence of cancer. Prevention and health promotion programs, informing the population, campaigns on the part of health professionals for more frequent screening and early diagnosis in general symptoms of cancer, are fundamental principles of these services.

Key words: Primary healthcare services, cancer, patient, neoplastic disease.

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